

WORDS MATTER WEEK

Every new day is a chance to change your life.

MON

03/04



Happy Monday! Happiness is a habit. Remember, you are strong, and you can handle whatever the week throws at you. Do something that you love to do.

Take time to write one (1) or three (3) positive words that describe your classmate's or teacher's personality on the form for the Class Character Traits Word Cloud Art Project (Example: Mulan- Loyal, Brave, True).

TUE

03/05

All the colors are beautiful! Wear your favorite color or mix & match to show diversity.

You matter!

You are Awesome!

Say these
out loud



I'm proud
to be me



I will be gentle
with myself



I can do
this!



I'm always
growing



I will rest
when I need it



I deserve
love

WED

03/06



Words and ideas can change the world. What is your one Word of Wisdom (theme) for 2024? Word of the Year is a single word that one chooses to be a guide or focus that can help in fulfilling something one wants to improve on throughout the year (Ideas: gratitude, joy, creativity, adventure, grit etc.)

Spread awareness by posting on our Treering Yearbook (<https://web.treering.com/school/232341/2023/school-content/school-photos/316252055>) #WordsMatterWeek. Inspirational words can help others to know and can give people courage, faith, and friendship.

THU

03/07

ACTS OF KINDNESS



Kindness Matters! No acts of kindness, no matter how small, is ever wasted. Do good regardless of race, religion, and ethnicity.

“Be Kind “stickers will be handed out.



FRI

03/08

Life is beautiful!

Start your day with Smiles all around.

Compliment someone or even more than one person.
Your word might just put a smile on their face.



Questions? hhesPTA@gmail.com